



Remember what's important! Be together,
play together, talk together.

A challenge a day

Week 13

Will it dissolve?



- This activity teaches children about solubility, specifically whether a given substance will dissolve in water. You'll need several small, transparent water containers (e.g. plastic or glass cups) and a range of substances to test (e.g. sugar, oil, salt, food colouring, rice, flour, vitamin tablets). Before dropping each substance into a cup ask the children to guess whether it will dissolve or not.



How to make tummy time fun.

Little and often: a few minutes of tummy time, several times a day, is a great start – helping your baby get used to the different position and giving them the chance to practise new physical skills without tiring them out.

Lead by example: Lie on the floor with them so you are face to face, and have some fun together. Make funny faces, sing songs and chat. Older brothers and sisters can be fantastic companions at tummy time to keep your baby entertained.



{baby play}

tummy time
ideas

NurtureStore



Added attractions: Babies just love to look at faces, so why not try some tummy time in front of a mirror?

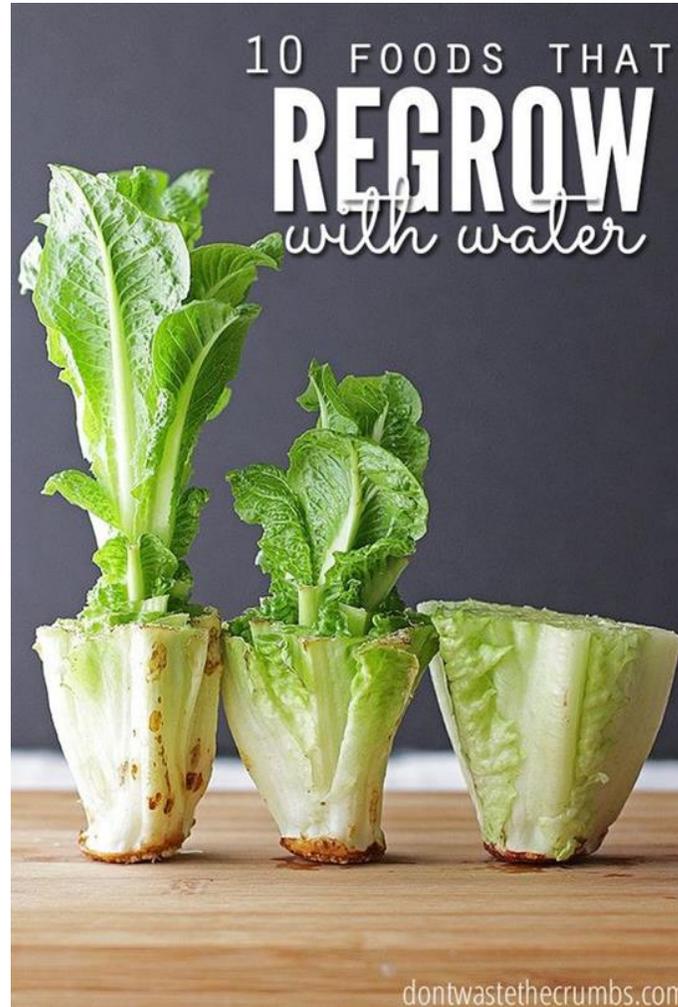
It's also the perfect time to introduce stories by placing board books on the floor in front of your baby and chatting about the story and turning the pages for them – or use some baby art to have a look at.



Celery



Bok choy



[https://dontwastethecrumbs.com/
regrow-food-water/](https://dontwastethecrumbs.com/regrow-food-water/)



Leek

Happy Tent Tales

- Follow the link above to join Karina for her Happy Tent Tales - traditional stories that feature themes of kindness, friendship and courage, told through a unique blend of narration, movement, music and rhyme





Glove monsters and sock puppets



https://youtu.be/TRV_b_BxWCg



DIY windsocks
from
recycled containers



<https://youtu.be/Af0LB3abBsk>

Windy day words

Air Blast Blow
Breeze Cold Draft
Float Fly

Seed dispersal

<https://youtu.be/aC3pQ9RU9YA>



Wind blown messages

Set up a thin washing line or nylon fishing line so that it faces the wind. Attach paper clips to small sheets of cardboard – you will need to push them through the cardboard. Then attach the paper clip to the line. Watch the wind blow the cardboard along the line. You can now write and send messages to friends this way!
<https://creativestartlearning.co.uk/early-years-outdoors/10-ideas-for-windy-days/>



<https://meandmyinklings.com/diy-windsocks-from-recycled-containers/>